

## **THE DANCE SOCIETY – INFORMATION AND REGISTRATION**

### **2026**

#### **Term Dates & Times**

Classes:      **Come Dance With Me (CDWM)**  
*Monday*  
CDWM1 (2-3yrs)      9.30 - 10.00am  
CDWM2 (3.5 - 5yrs)      10.00 - 10.30am  
**Hip Hop**  
*Tuesday*  
Kidz Crew (5-8yrs)      3.45 - 4.30pm  
Jnr Crew (9 – 14yrs)      4.45 - 5.30pm

Term 1:      03/02/2026 - 31/03/2026 (9weeks)  
Term 2:      21/04/2026 - 30/06/2026 (11weeks)  
Term 3:      21/07/2026 - 22/09/2026 (10 weeks)  
Term 4:      13/10/2026 - 15/12/2026 (10 weeks)

#### **Class Information:**

CDWM – Our preschool dance program for children aged 2 – 5yrs allowing little dancers to build confidence, coordination and creativity in a fun and safe environment. Students achieve milestones based on movement and balance. A 30-minute weekly class that includes a range of styles designed to help develop key coordination and motor skills while making friends and having fun.

Hip Hop – Our hip hop dance program is specifically designed for children aged 5 – 14yrs, incorporating urban dance techniques such as popping, locking, breaking, freestyle and party grooves. Our hip hop classes are for all abilities whether your child loves to dance or simply wants to give it a go. Hip Hop runs in weekly 45-minute classes. From beginner steps to advanced moves, these classes are where young dancers become hip hop super stars!

#### **Registration Fees:**

The fees for this class are paid in a term-by-term basis with a \$20 joining fee on their initial enrolment.

30-minute classes are \$10/class paid upfront

45-minute classes are \$15/class paid upfront

### **Registration Process:**

#### **Step 1**

All parents/guardians must complete the Registration Form for each child, if this form isn't received, your child cannot attend the program.

#### **Step 2**

Pay the registration fee (by the term) to the Singleton Heights Sports Centre before or during the first lesson.

### **Dress Code:**

All students must have:

- Tight, comfortable clothing (no loose shirts, skirts, or tassel items)
- Hair out of face
- No jewellery, except for studs or sleeper earrings
- Joggers/Runners for safe participation

*1x SHSC branded program shirt will be supplied upon enrolment, additional items are available for purchase through our kiosk.*

### **Coach details**

Name: Sami Udy

Email: [sudy@belgravialeisure.com.au](mailto:sudy@belgravialeisure.com.au)

### **Medical Requirements**

If your child has a record card or medical condition the coach needs to be aware of then shape and plan the lesson with these abilities in mind. We welcome all children to come and try; each exercise can be adapted to suit any need.

### **Behaviour and Structure**

All students and parents are to respect the venue and staff at Singleton Heights Sports Centre. We treat others with kindness, courtesy, and acceptance, we do not discriminate and strive for an inclusive environment.

**Class Structure:**

- Warm-up – 10-15mins will be stretching and warming the body – if you arrive after the warm-up, we cannot accept your child into the session.
- Skills – Each week we will focus on 1-3 fundamental skills, these range from bodily control to hand-eye coordination, each just as important for child development.
- Choreography – each week will learn a small amount of choreography, building towards an end of term dance to be performed for parents during our “open week” at the end of term.
- Cool Down – this is a 5-minute stretching session to cool down the muscles and to increase and maintain flexibility.

## THE DANCE SOCIETY – REGISTRATION FORM

Student Information	
Name:	
Date of Birth:            /            /	Gender:
Street Address:	
Suburb:	Postcode:
Medical Conditions:	
Shirt Size:	Colour (please circle): Orange / Purple

Parent/Guardian Information
Name:
Mobile:
Email:

Emergency Information	
Emergency Contact:	
Relationship to Student	Mobile:

Classes attending (please circle)	
CDMW1 (Mon 9.30)	Kidz Crew (Tues 3.45pm)
CDWM 2 (Mon 10am)	Jnr Crew (Tues 4.45pm)

Parent/Guardian Name: \_\_\_\_\_

Date:            /            /



Signature: \_\_\_\_\_